

THE DAILY GRAZING NEWS

OUR STORY

When we say that “we don't do fast food but we do good food fast” it's because we source the best possible local and Mediterranean ingredients, cooked from scratch giving them the respect that they deserve and served how they should be.

We are always willing to learn. Therefore our menu is forever changing and evolving with both the seasons and new eating trends, innovations and any inspiration we get from our valued customers.

We are proud to offer vegetarian and vegan dishes and these are priority when researching our dishes. We also cater to most intolerances with lots of dishes on the main menu that are able to be adapted to be gluten or dairy free.

Please remember that our food is freshly prepared so we cannot guarantee that our food is totally allergen free.

AWARDS

Breakfast & Brunch Awards
National - Breakfast Chef of the Year 2020

LUX Life
Best Waterfront Cafe 2019 - Suffolk

Waterfront Life- Restaurant of the Year
Best Small Cover inc. takeaway 2018 - Ipswich
Best Customer Service 2018 - Ipswich

Good Food Award
Blue Ribbon for Cafes 2023



TAKEAWAY

We are able to offer takeaway for our snacks, please ask our team for more information.

- Sausage rolls
- Ham & cheese croissant
- Cake slices
- Cream tea / Savoury cream tea
- Pan de cristal sandwiches

Please take a look in the menu for full descriptions and prices. Your order may take 10-15 minutes however this may vary depending on how busy we are.

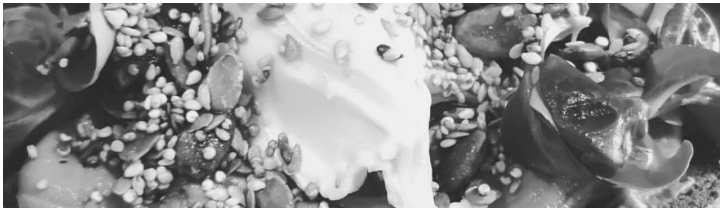
BREAKFAST MUFFIN

Full Monty - £ 10.50

GS sausage patty - beef tomato - portobello mushroom - black pudding - streaky bacon - poached eggs

Full Monty Veg. - £ 10.50

Meatless patty - beef tomato - portobello mushroom - vegan black pudding- avocado puree



RUSTIC SOURDOUGH OPEN SANDWICH

Avo- £ 9.50

Avocado puree - poached eggs - mix leaves - maple seeds - chive oil

Add bacon or smoked salmon for £ 3.50

Benedict - £ 9.50

Roast ham - poached eggs - hollandaise sauce - mix leaves - chive oil

Mr Brown's breakfast - £ 9.50

Scottish smoked salmon - poached eggs- mix leaves - chive oil

Add hollandaise for £ 1.75

Spinach Falafel breakfast - £ 9.95

Spicy spinach falafel - poached eggs - rocket leaf - maple seeds - greek yogurt dressing - chive oil

The Lambert (No green - optional)- £ 6.95

Poached eggs - rocket leaf- french dressing - chive oil

Add bacon for £ 3.50

LIGHT BREAKFAST

Homemade Granola Pot - £ 6.30

Banana granola mix - Berry compote - Greek yogurt

Muesli pot - £ 6.30

Homemade muesli mix - Greek yogurt - Confit blueberry

WAFFLE/PANCAKES

Canadian - £ 6.95

Streaky bacon - Maple syrup

Berry Compote and Greek Yoghurt - £ 6.95

Summer berries - Greek yogurt - Cinnamon

Apple Tatin - £ 6.95

Soft brown sugar marinated cooking apples - Caramel sauce - Cinnamon - Whipped cream

Add an extra waffle for £ 2.00

PAN DE CRISTAL

Pan de cristal is a Catalan bread similar to Italian ciabatta

Breakfast- £8.25

GS sausage patty - streaky bacon - poached eggs

VB - £ 6.75

Spicy falafel patty - avocado puree - sun blush tomatoes - rocket leaf

Bacon breakfast - £ 6.95

Streaky bacon - poached eggs

Tom's breakfast- £ 6.95

GS sausage patty - poached eggs

[BR(EAKFAST)+(L)UNCH] = BRUNCH

BREAKFAST 8:15 - 12:00 / BRUNCH 11:00 - 15:00

THE GRAZING SHEEP PHILOSOPHY

"OUR AIM IS TO BRING THE BEST QUALITY, PREMIUM INGREDIENTS TO THE TABLE AND SHARE THIS EXPERIENCE WITH THE LOVELY GRAZING SHEEP CUSTOMERS."

SOURDOUGH OPEN SANDWICHES

Club - £ 9.95

Paprika egg mayo - baby gem lettuce - sun blush tomatoes - smoked chicken breast - bacon crumbs - spicy piquillo ketchup - crispy onion - chive oil

Caesar - £ 9.50

Smoked chicken - baby gem salad - white anchovies - bacon crumb - crispy onion - Caesar dressing

The Lox - £ 9.75

Smoked salmon mousse - pickled red onion - lilliput capers rocket leaf - chive oil

Beet & Goat £ 9.95

Goat cheese - beetroot relish - toasted walnuts - French dressing - lams leaf

PAN DE CRISTAL

Brie and Bacon - £ 6.95

Brie and our house streaky bacon toasted in the oven

Parma ham and Manchego cheese - £ 6.95

Sun blush tomatoes - Manchego cheese - Parma ham - rocket pesto

BLT - £ 6.95

Streaky bacon - sun blush tomatoes - baby gem - paprika mayo - crispy onions

Add crisps for £ 2.50



SNACKS

Vegetable Empanada £ 4.25

Chorizo empanada £ 4.25

Sausage roll £ 3.75

Ham & cheese croissants £ 3.50

Cheese scone £ 3.75

Fruit scone £ 3.75

INSPIRED AFTERNOON TEAS

From a daily occurrence to a special occasion indulge with our freshly baked scones, delicate pastries, oozing cakes and the freshest finger sandwiches.

The grazing sheep cream tea £ 9.95 pp

Fruit scone - cake - strawberry or orange marmalade - clotted cream - freshly brewed tea or coffee.

The grazing sheep savoury cream tea £ 9.95 pp

Cheese scone - sausage roll - red onion jam - butter - freshly brewed tea or coffee.

Quintessential Afternoon tea £ 25.00 pp (minimum 2 guests)

Daily baked fruit scones with jam and clotted cream, selection of cakes and pastries, classic selection of fingers sandwiches and freshly brewed tea or coffee.

"BAAABOX" Afternoon tea £ 30.00

(TAKE AWAY)

Daily baked fruit scone with jam and clotted cream, selection of cakes, pastries and macaroons.

Any package can be customised with any dietary and allergy requirements preces may be modify accordingly. Except for our daily cream tea, we require a formal notice for all other packages.

WINES & BEERS

WHITE

	175ml	250ml	Bottle
Verdejo, Rueda, Spain	7.25	8.75	25.95

Bright Spanish alternative to Sauvignon Blanc. Fresh and easy to drink.

Sauvignon Blanc, Loire, France	7.75	9.25	27.95
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Herbaceous and flavours of gooseberry with a long fruity finish

ROSE

Pinot Grigio Blush Vista Collina	7.50	8.95	26.95
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A true "blush" wine with minimal skin contact. Dry, full-bodied and really good.

RED

	175ml	250ml	Bottle
Tempranillo, Navarra, Spain	7.25	8.75	25.95

Juicy plum and raspberry, a very refreshing red wine

Segredos da Sao Miguel, Portugal	7.25	8.95	26.95
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Blend of Alentejan varietals, fruity with a degree of complexity.

BEERS / SPIRITS

Estrella- £3.75 (All our beers are bottled)

Gin & Tonic- £9.50 (Double)

Gin Mare, Schweppes tonic, Juniper and citrus slice



COLD DRINKS

Breckland Orchard Soft Drinks- £3.75

Carbonated drink/Posh Pop with no artificial colours or flavours.

Choose from:

Sparkling Elderflower
Ginger Beer Chilli
Strawberry & Rhubarb
Plum & Cherry
Cloudy Lemonade

Other Cold Drinks:

Coca Cola - £2.75
Diet Coke - £2.75
Coke Zero - £2.75
Still mineral water - £2.50
Sparkling mineral water- £2.50
Farm Barn Juices - £3.50
Orange
Apple

Ice - Smoothies- £4.25 Affogatto- £5.50

Strawberry & Banana Soft Vanilla Ice Cream with a shot of espresso
Peach
Tropical Fruits

Ice coffee £3.95

Holiday Latte (coconut milk, Honeycomb S)
Ice Black
Ice Latte (Syrups Available)

HOT DRINKS

MEDITERRANEAN COFFEE

Espresso - £2.95
Americano - £2.95
Cafe manchado - £2.95
Cappuccino - £3.20
Latte - £3.20
Cafe con leche - £3.20
Cortado - £3.15
Cafe bon bon - £3.50
Mocha - £3.50

Plant based milks - £0.60

Oat milk, Coconut milk,
Almond milk, Soya milk

BIRCHALL TEAS

English Breakfast Tea - £2.50
Decaf Tea - £2.50
Green Tea - £2.50
Earl Grey - £2.50
Lemon & Ginger - £2.50
Berry/fruit Tea - £2.50
Peppermint - £2.50
Camomile - £2.50

OTHER HOT OPTIONS

Italian hot chocolate - £3
Add Marshmallows or Cream
for £0.60 each

AFTERNOON TEA PARTIES

The full works: finger sandwiches, scones with lashings of jam and cream and a selection of delicious cakes washed down with a pot of English tea.

For bookings please contact us via our website. Please note that bookings are for a minimum of 10 people and we require at least 2 days' notice for reservations.